**Facing Disappointment**  
Dinner on the road to Emmaus Luke 24

**1. Stay Connected***That same day two of Jesus’ followers were walking to the village of Emmaus, seven miles from Jerusalem*. Luke 24:13  
When people get wounded and hurt the tendency is to pull back and retreat.  
Sometimes running is ok, but often we run or bail too soon.  
Run from relationships, problems, struggles. Drink them away. FACE THEM, TALK TO SOMEONE. BE HONEST  
Cleopas and the other left the larger body of believers that they were connected with. Left other disciples, apostles (they knew where they were cause they went back.)

overcome the tendency towards cynicism and unbelief  
With every step they’re walking further and further away from people who could encourage their faith.

isolation makes us more vulnerable to the enemy.

we need to stay connected to the body of Christ.  
Luke 5:17-26 tells the story of the paralytic man  
There were 4 friends who did whatever it took to get their friend to Jesus’ feet.  
The weight of carrying another person is not easy.  
That stretcher required 4 people.  
We need to be willing to go beyond our own comforts to help people in their trials.

Set in place some healthy relationships in your life now so that when storms come there are some people strong enough around you who will carry you back to Jesus.

**2. Realize Jesus is with You**  
*Jesus himself suddenly came and began walking with them. But God kept them from recognizing him.* Luke 24:15-16  
  
But God kept them from recognizing him. Luke 24:16  
in the original greek language means the same.  
Hello McFly

Jesus comes at a critical time and intercepts their unbelief with truth. He reveals Himself to them even when they’ve cut themselves off.  
Jesus will listen to our struggles and disappointments  
Be careful NOT to listen to lies.  
In a season of disappointment, the first person who will knock at your door is the enemy.   
Jesus comes at a critical time and intercepts our unbelief and doubts with truth.   
 *He asked them, “What are you discussing so intently as you walk along?” Luke 24:17*  
good teachers ask provocative questions is because provocative questions solicit self-examination. They make you assess what you know and what you don’t know. Asking the right questions can help the learner articulate the dilemma. Jesus is the best.

**3. Have Realistic Expectations**  
*We had hoped he was the Messiah who had come to rescue Israel. Luke‬*

Their expectations of what they thought Jesus meant were disappointed by what actually transpired.  
When experience doesn't match expectations, there is disappointment and extreme disillusionment.   
God wants us to come to Him with our questions and our pain. He is not your problem, He is your provision.

“Come, and let us return to the LORD; For He has torn, but He will heal us; He has stricken, but He will bind us up.”- Hosea 6:1

**Wrong Expectations1. Life should be fair.**  **2. Opportunities will fall into my lap.**  **3. Everyone should like me.**  **4. People should agree with me.**  **5. People know what I’m trying to say.**  **6. I’m going to fail.**  **7. Things will make me happy.**

**8. I can change him/her.**

Biblical Realities  
God loves us, We are sinners in need of help, God will help us exponentially IF we surrender our lives to him.

**4. Overcome the tendency to rush God**His purpose and timing: Jesus has a plan  
 *Then Jesus said to them, “You foolish people! You find it so hard to believe all that the prophets wrote in the Scriptures. Wasn’t it clearly predicted that the Messiah would have to suffer all these things before entering his glory?” Then Jesus took them through the writings of Moses and all the prophets, explaining from all the Scriptures the things concerning himself. Luke 24:25-27*

We can’t impose our time-table over Gods sovereignity   
Instead of waiting and holding onto promises, they forsake it all and walked away right before the moment of breakthrough.  
To encourage you, His timing is always perfect.

“Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you,”-1 Peter 5:6  
Jesus is the theme of the OT  
It's all about him.  
  
-Jesus suffering pain, but killing Satan  
He will strike[[b](https://www.biblegateway.com/passage/?search=Genesis+3&version=NLT#fen-NLT-71b)] your head, and you will strike his heel.” Genesis 3:15

* God Himself slays an animal to make coverings for Adam and Eve. You have a picture of the death of an innocent to cover the sin of a guilty sinner. Genesis 3  
    
  -God accepted Abel’s sacrifice because it was a blood sacrifice and rejected Cain’s? Genesis 4  
    
  -In Exodus we find the story of the Passover Lamb, and Christ is the sacrificial Lamb given for us.
* In Leviticus we read of the high priests making sacrifices for the people, the High Priest, our Jesus, the day of atonement, making the perfect sacrifice to atone for our sins.
* Boaz, the kinsman who redeemed Ruth's inheritance, is a picture of Christ, buying our freedom from sin
* Psalm 22 Picture of the death of the Messiah "my God, why have you abandoned me
* Isaiah 53 details His suffering "wounded for our transgressions."
* Jeremiah reveals that He will be "acquainted with sorrows."
* Jonah offers a picture of Jesus being dead for three days, then coming back to life to preach repentance.
* Zachariah is the prophet who speaks of Jesus riding on a colt.

**5. Accept the Evidence of Easter***“Didn’t our hearts burn within us as he talked with us on the road and explained the Scriptures to us?”*  
His death, burial and resurrection  
His timing is always perfect  
Jesus can redeem your disappointments  
Jesus desires that our hearts might burn within even in hardships.

The crucial problem is that they were headed the wrong direction and were about to miss God’s purpose!

-They needed to be reconnected to other believers.  
-They needed the spark of faith to be reignited.  
-They needed a new awareness of Gods timing and purpose.  
  
Jesus can redeem your disappointments

story of David and Svea Flood